



Timothy H. Holt

President
Wealth Advisor

Hi folks!

Lets make 2011 your best year yet! How? Consider helping yourself this year!

Here's how we'll do it: Join us in our first ever ***Preservation Capital Healthy Client Challenge***. This special series of classes are offered to help you with some of the challenges that I have seen many clients struggle with as they age. Health issues! You have to be in good health and be feeling good, to enjoy the money you earn, spend or save.

Please consider attending one of our special events designed to help you improve your personal life! There will be no charge for these classes, but seating is limited.

March 17th **Healthy Cooking at Chef Nancy's Wellness Kitchen. *Speaker- Nancy Walker***
4:00 -5:30 pm - Templeton- (max 14 people)

March 24th **Dealing with Stress in a New Way. *Speaker- Harvey Hunt***
6:00 -7:30 pm - Templeton (max 30 people)

March 31st **How to Stay Fit, Even with Your Problems! *Speaker- Kennedy Club Personal Trainer***
11:00 am - Atascadero Kennedy Club Fitness

April 7th **Unleash Your Energetic Core with Personal Energy Programming. *Speaker- Harvey Hunt***
6:00- 7:30 pm - Templeton (max 30 people)

I hope to see you take part in the ***Preservation Capital Healthy Client Challenge!***

YOU CAN - DO IT!

Sincerely,

Timothy Holt
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President

Detailed information regarding speakers as well as times and locations will be discussed when you call.

Please RSVP (800)792-5565 today and bring a friend!

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